



THE FROMM INSTITUTE
FOR LIFELONG LEARNING
AT THE UNIVERSITY OF SAN FRANCISCO

FROMM FOCUS

The Newsletter of the Fromm Institute

Issue #2 • Jan. 13, 2020

WELCOME TO OUR NEW FACULTY

This session we introduced three new faculty members to our curriculum who we are happy to welcome to The Fromm Institute.

“Race and the American Legal System,” introduces us to **Prof. Shauna Marshall**. Prof. Marshall’s career was spent working on behalf of the public interest as a trial attorney for the US Department of Justice, Antitrust Division; as a staff attorney with Equal Rights Advocates working on behalf of low-income women and women of color; lecturing at Stanford Law School; and directing the East Palo Alto Community Law Project. She joined the UC Hastings faculty in 1994 serving as Associate Academic Dean from 2000 – 2002, and Academic Dean from 2005 – 2013. She joined the emeritus faculty in 2014. Prof. Marshall writes in the area of community law practice and social justice and says that her greatest joy is mentoring future social justice advocates.



Prof. Toby Engelberg brings the Fromm Institute an often-requested course, **“History of Architecture, Part I.”** Prof. Engelberg is an architect who practiced in San Francisco and New York. She is an Adjunct Professor in the Department of Art at Contra Costa College. Prof. Engelberg received her Bachelor of Arts in Fine Arts from the State University of New York at Stony Brook, and a Masters of Architecture from Yale University.



Monday mornings introduces us to a familiar face you may have seen on the USF campus. **Prof. Alan Ziajka** teaches **“Changing the World from Here – A History of the University of San Francisco.”** Prof. Ziajka is University Historian Emeritus at the University of San Francisco, where he held several administrative positions during a 36-year career, including associate vice provost for academic affairs. He holds a Ph.D. from Claremont Graduate University, and is the author of five books and numerous articles on history, education, and human development. When the Fromm Institute office was located on the 5th floor of the University Center building, Prof. Ziajka’s office was right next door. As a result, he came to know many of us on the staff very well, including Hanna Fromm who regularly attended classes and worked in the office.



We are so fortunate to have these three new professors join the faculty of the Fromm Institute – please welcome them to the Fromm Institute. I know that those of you enrolled in their classes will enjoy learning everything they have to teach, and I hope they will enjoy their time here as well.

A REMINDER

On **Monday, January 20**, the Fromm Institute will not hold classes and the office will be closed in observance of Martin Luther King, Jr. Day. Additionally, for those students enrolled in Prof. Lurie’s seminar, he will meet with his students for the first time on **Wednesday, January 22, 2020 at 1 p.m. in the Broad Room.**



FROM GLOBAL WARMING TO PRINCESS FLOWERS: WONDERS OF SCIENCE SERIES 2020

Are you experiencing all of the ‘wonders’ that the Fromm Institute has to offer? If you are missing out on the **Wonders of Science Series** every winter **Wednesday morning at 10 a.m.**, then the answer is maybe you are. Open to all members of the Fromm Institute and their guests the Wonders of Science Series coordinated by **Dr. Jerry Lowenstein** is off and running toward infinity at a scientific pace much faster than a nudibranch. Here’s what’s coming in the next few weeks.

On **Wednesday, January 15** explore “**The Nuclear Option for Combatting Global Warming**” with noted author **Richard Rhodes**. Mr. Rhodes is an American historian, journalist, and author of both fiction and non-fiction, including the Pulitzer Prize-winning The Making of the Atomic Bomb, and most recently, Energy: A Human History.

Coming up, on **Wednesday, January 22** join **Frank Almeda**, Curator Emeritus of the California Academy of Sciences as he explores “**Princess Flowers: A Terrestrial Bouquet**.” Then the following week on **Wednesday, January 29** Durrell Kapan presents “**The Three-butterfly Problem, Man-Bites-Mosquito The Importance of Questions in Science**.” Mr. Kapan is Curator of Entomology at the California Academy of Sciences.

IN THE GALLERY

This Winter, Fromm Institute student and artist **Amy Hosa** exhibits her work in the Maier Hallway Gallery. The show contains two exhibits, one showcasing a beautiful collection of watercolors; the other, a sample of exhibit panels that tackle climate change. Below are a brief statements about each group of artwork.

The gallery is looking to exhibit your work! If you are interested in showcasing your work, give **Scott Moules** a call (**415-422-6805**), send an email (**fromm@usfca.edu**) or stop by the office. Currently, Academic years 2020 and beyond are free and ready for your reservation.

WATER AND COLOR

Both in life and art...I’m most at home near bodies of water and the dazzle of color.

I’m a pleine air watercolor painter. The joy in sketching and painting on site outdoors comes from capturing precise moments of real time and stealing home with them – that burst of yellow sun, the morning bluster of white-capped water, all those purple end-of-day shadows cast by the picket fence. Life trophies of the hunt, all these impressions get bagged and composed within a frame to mount upon the wall.

Amy Hosa is a retired illustrator and graphic designer. Her final stint was exhibit designer at SF Maritime NHP.

EXHIBIT PANELS

These interpretive panels are excerpts from a design commission for ZSpace Theater’s lobby during the 2019 run of Word for Word’s “The Rime of the Ancient Mariner,” a green parable for modern times.

This exhibit is done in conjunction with the Effective Altruism Committee whose goal is to research and identify volunteer opportunities where Fromm Institute students can make a difference in both global and local issues such as: climate change; prision recidivism; food distribution; and healthcare.

For more information, contact Doug Weil (**doug@weilsf.com**) or Carla Hall in the Fromm Institute office.



MOSTLY BRITISH FILM FESTIVAL

FEBRUARY 13-20, 2020

BROWN BAG LUNCH ON JANUARY 21

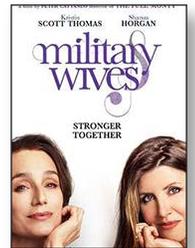
For all of you at Fromm who have become fans of the **Mostly British Film Festival**, the 2020 festival promises to be the best ever. The 26 feature films from the UK, Australia, Ireland, New Zealand, South Africa and India will have you experiencing emotions from joy to heartache and every feeling in between.

Starting with our opening night film “Military Wives,” the story of wives of deployed service men who take up choral singing to distract them from the grim realities of the Afghanistan War, the festival tells stories that take risks, inspire awe and evoke big emotions. “Military Wives” is directed by Peter Cattaneo, who made you laugh and cry with “The Full Monty.” Kristin Scott Thomas stars in this engrossing film and other films feature Diane Keaton and Brendan Gleeson (“Hampstead”), Ben Mendelsohn (“Babyteeth,” who is expected to be at the screening), Cillian Murphy and “Fleabag’s” Andrew Scott (“The Delinquent Season”), Liam Neeson and Lesley Manville (“Ordinary Love”) and Naomi Watts and Clive Owen (“Ophelia”).

The festival closes on February 21 with “Greed,” starring Steve Coogan as a disgustingly rich London fashion mogul who throws himself an ostentatious Romanesque 60th birthday party on the island of Mykonos.

Come to a Brown Bag lunch on **Tuesday, January 21 at noon to 12:45 in the Maraschi Room** to hear festival co-director **Ruth Stein** and senior programmers **Maxine Einhorn** (creator of the Matinée program at Fromm) and **Kathleen O’Hara** discuss the festival and answer your questions.

Fromm Institute Members qualify for discounted prices of \$12.50 per ticket or \$200 for a series pass allowing you early admission and reserved seating.



NEW MEMBER LUNCHES

Are you a new member of the Fromm Institute and did you forget to sign up for lunch? No worries. Just come and bring your sandwich and learn about The Fromm Institute from some of your fellow seasoned students. New member lunches are all this week, **Monday - Thursday, January 13 - 16 at Noon in the Broad Room.**

EXPRESS YOURSELF



This is our newest *Fromm Focus* featured section, **Express Yourself**. Submissions are accepted on a rolling basis and can include all sorts of articles, opinion pieces or notes, written by you, the students, who want to share something with the larger Fromm Institute community. Drop them off or email your submissions to **Scott Moules**, in the Fromm Institute office (fromm@usfca.edu). We have one Express Yourself article this newsletter, from **Linda Allan** with an intriguing case to help support a senior with dreams of Olympic gold.

SUPPORT A SENIOR TO BRING HOME THE GOLD IN THE 2020 OLYMPICS!

Dan Seemiller was born in South Bend Indiana, in 1954. Yes, he's 65 years old. Now, he is training to qualify for the US Men's Olympic table tennis team!

A pioneer in the sport of table tennis in the US, five time US National Singles Champion, twelve time doubles champion, and coach for the US Men's Olympic table tennis team in 2000 and 2004, his students say that Danny's greatest accomplishment was coaching the South Bend table tennis club for 23 years. *"We've been truly fortunate to have a coach with his skill level, passion for the game, and desire to train players of all skill levels and ages. Dan spent his entire career giving everything he had to his students. If we can help clear the financial hurdle, he can focus on preparing to make a run for the last remaining spot on the team by winning the qualifying event held in March 2020."*

His students have set up a GoFundMe page to send Dan Seemiller to the 2020 Olympic Table Tennis Trials. You can help send a senior to the 2020 Olympics by sending \$5 or \$20. In to Google type "go fund me + Dan Seemiller" or type in <https://www.gofundme.com/f/dan-seemillero39s-2020-olympic-preparation>.

Make plans now to get together with your friends and watch the 2020 Olympics, July 24th - August 9th. Look for Dan Seemiller. Cheer a senior on!

FISA NEWS • Fromm Institute Student Association • frommfisa.org

IS THERE A CURE FOR MY CLIMATE GRIEF?

Does the daily barrage of apocalyptic news, from fire cyclones engulfing Australia to flood waters drowning Venice make you feel quite mad? Do you hate your sense of helplessness in the face of this existential threat? Does turning off lights, composting and reducing your driving feel sincere but ineffective?

There is one real thing you can do! Remember, wild fires feed on oxygen, climate change feeds on carbon, but the carbon economy feeds on cash. Don't give yours to it.

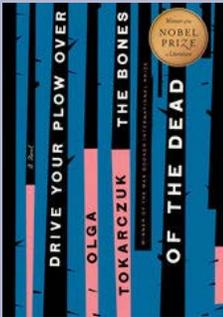
Millions of people around the world are joining together to starve carbon industries of investment. Join this number. On **February 4 at Noon in the Maraschi Room** expert financial advisors will suggest ways you can invest in saving rather than destroying the planet. Come and listen. You will not be asked to do anything else. Just learn about how to invest in the renewable economy and divest from fossil fuels.

Learn how to send a message to big oil and coal that you care more about the future of the planet than their offers of short term return. Learn how to talk to your broker. Learn what question to ask him. Let all of us learn how to invest in a healthier future for our children and grandchildren.

Join the Dance Generators, USF's intergenerational dance company comprised of undergraduate students and older adults from the community, for an afternoon performance and Q&A session. The event is planned for lunchtime **Wednesday, 2/12, noon-12:45 pm**, in the **Maraschi Room**. This event is sponsored by the Fromm Institute Student Association, frommfisa.org.

ABOUT THE DANCE GENERATORS:

Dance Generators is an intergenerational dance company housed at the University of San Francisco. Consisting of USF students & Bay Area adults, our dancers range in age from their teens through their 80's and come together through a shared commitment to innovative movement practices. The company was founded in 1997 by Amie Dowling, and later directed by Natalie Greene and co-directed by Kristen Greco. Dance Generators promote the gifts, strengths, and life histories of elder and younger dancers while shattering stereotypes about aging and empowering communities to MOVE. Through their creative process, the company reclaims dance as an art form for diverse bodies. Through performance and community engagement, their work redefines audiences' expectations of dance. Under new Direction of Liv Schaffer, the 2018/2019 academic calendar focused Dance Generators attention to performances on campus and running a pilot residency in partnership with EngAGE Aging, wherein elder and student company members co-teach dance classes in senior housing communities.



THE FROMM INSTITUTE DROP IN BOOK CLUB'S WINTER BOOK SELECTION

The book we'll be reading is Drive Your Plow Over the Bones of the Dead by Olga Tokarczuk. Part environmental fable, part murder mystery and part pure enchantment, the latest novel by 2018 Nobel prize winner, Olga Tokarczuk will utterly capture you. Join us for the Polish film based on the novel and then for our discussion of both the novel and the film. **Movie screening: February 25, 2020 at 3 p.m. in the Broad Room.** The **Book Discussion is scheduled for February 26 at Noon, again meeting in the Broad Room.**

FISA – OUR NEW WEBSITE!

Calling all Frommies! We have now our own website for FISA (Fromm Institute Student Association). Find us at <https://www.frommfisa.org/>

Also, we have an email address where you can drop us a line on any topic related to our activities. The email address is frommfisa@gmail.com

The idea is to tell you about FISA - who FISA Leadership members are, what we do to build community and to keep you posted about fun events during lunchtime and after classes. You can find answers to the following:

What is FISA?

Who is a member of FISA?

Who is on the FISA leadership team, our brief history and what we do for FISA?

What activities and events we offer?

Student testimonies: What some members think of our activities?

This site is for you.



FROM THE PRESIDENT

with Susan Kaplan

WELCOME TO OLD AND NEW FROMMIES

As your FISA President, I am delighted at the range of classes offered to old and new Frommies. The new younger faces and the returnees make up an enrollment of more than 1200 students in the Winter 2020 session. The growth of the Institute is certainly a testament to the need for such a program born of the idea of Hanna and Alfred Fromm 43 years ago. With the beginning of the program, Hanna also adamantly began FISA – the student association to which all students are members.

FISA (the Fromm Institute Student Association) was founded as the organization to take care of the “social” aspect of the Fromm Institute. To this end, FISA offers many lunchtime “brown bags,” concerts and other programs, the after-school movies, cookies and holiday candies. The officers of FISA are all volunteers, and we welcome newcomers and ideas for expanding our offerings.

“Social” brings to mind an experience I had many years ago when “retirement” was a remote thought in the back of my mind. A houseguest (who had graduated from Harvard) had a copy of the “Harvard Longitudinal Study on Aging.” I picked it up and started reading. It was fascinating and, in order to finish it, I promised to send it on to a cousin of our houseguest for whom it was originally intended. The study had been following a large number of graduates from 1938 on. It outlined the 10 highest characteristics of healthy aging. “Sociability” or “friendships” and “learning something new” were near the top of the 10. Fromm is the ideal solution – whether we have old friends or the losses have piled up, Fromm gives us the opportunity to meet a variety of new and interesting people while exploring new fields.



MATINÉE

with Maxine Einhorn

Matinée is Fromm’s movie club supported by the Fromm Institute Student Association. We screen films at 3pm on various days, films that connect to and hopefully embellish our classes. Matinée is about watching together, enjoying the big screen, discussing film, reliving a time we remember... Join us! Here is the beginning of our Winter program and everyone is welcome whether you attend the classes the films link to or not. **See you at the movies!**

MATINÉE

Film Screening Calendar – Winter 2020

Related to:

Professor Goldberg’s class – **Jewish American Literature in 21st Century**

Professor Eilenberg’s class – **America on Stage and Screen: The 1990s**

Professor Pepper – **Films of Billy Wilder**

January		
Thursday 16th	Sunset Boulevard (1950) Directed by Billy Wilder 1hr 55 mins	3pm Maraschi
Thursday 23rd	Ace in the Hole (1951) Directed by Billy Wilder 1hr 51 mins	3pm Maraschi
Monday 27th	Everything is Illuminated (2005) Directed by Liev Schreiber 1hr 46 mins	3pm Maraschi



COMMAND PERFORMANCES

with Robert Morgan

Wow...let me add my welcome to all fellow students for the new year and the New Decade!!! I hope you all had great holidays and are looking forward to the winter Term as much as I am. I have filled the middle 2 display racks in the Activities Hallway with lots of postcards, season brochures, Arts Monthly, and programs to look at. But as always please remember we have a limited supply for the 1,200 students so please take only what you need and please look at but do not remove anything marked. FROMM INSTITUTE COPY:DO NOT REMOVE. Following are events I have planned for the Winter Term and as always they are sponsored by your Fromm Institute Student Association (FISA).

PERFORMING ARTS Q&A: This term I will hold my Q&A on **Wednesday 1/22 at noon** in the **Broad Room** beginning at noon. As always, I encourage all new students who are in classes that day (and those who are not) to attend as I will explain how to use your new status as Fromm Students to get discounts on any tickets you purchase. This is not only in the Bay Area but throughout your travels in the US and worldwide. I will cover also the use of the internet to get discount tickets and to use your favorite performing group websites too. This is a 45 minute talk so bring your lunch and questions and I hope you will learn a lot.

PERFORMING ARTS ORGANIZATION TALK: I have invited Bruce Lamont from **THE PHILHARMONIA BAROQUE ORCHESTRA AND CHORUS** to come and talk to us about their organization and upcoming performances. Bruce is the Chorus Director at the Philharmonia and I know you are in for a very informative talk. This will take place in the Maraschi room at noon on Wed. 2/5 and last 45 minutes.

SAN FRANCISCO CONSERVATORY OF MUSIC CONCERTS: Once again I have arranged for 4 different performances by the students at the SF Conservatory of Music. This is our 6th year of collaboration with The Conservatory and I know our new students this term will be as thrilled as the rest of us have been all these years by these amazing young musicians. All of these take place at noon in the Maraschi Room and last 45 minutes.

MONDAY JANUARY 27TH: A duo of guitar and singer will perform.

THURSDAY FEBRUARY 13TH: A BRASS TRIO will be here to perform.

TUESDAY FEBRUARY 18TH: A group to be announced later.

WEDNESDAY FEBRUARY 26TH: A flute and piano combo will perform.

If you have not attended any of these musical concerts in the past just ask anyone who has and I am sure they will tell you that these are “not to be missed” events so be there as they are always full and start promptly at noon.

HUMANITIES WEST: They continue their season with **GREENBERG AMONG FRIENDS: MOZART** on **Thursday, February 6th at the Marines Memorial Theatre at 609 SUTTER STREET**. The Fromm Institute is a co-sponsor so you are entitled to Fromm discounts. Look for the postcards in the display racks for more info.

I will be in classes on Tuesday mornings and all day Wednesdays this session so look for me before classes and during breaks in the Activities Hallway if you have any performing arts questions. I look forward to meeting all our new students this term and seeing returning students. Have a great term and as always I look forward to seeing you at performances in the bay area too.

UPCOMING EVENTS & LUNCHTIME TALKS

New Members Meet & Greet	Mon. - Thurs., Jan. 13-16, Noon	Broad Room
Mostly British Film Festival	Tuesday, Jan. 21, Noon	Maraschi Room
Performing Arts Q & A	Wednesday, Jan. 22, Noon	Broad Room
SF Conservatory Concert	Monday, Jan. 27, Noon	Maraschi Room
2020 Oscars w/Jan Wahl	Monday, Feb. 3, Noon	Maraschi Room
Green Investing	Tuesday, Feb. 4, Noon	Maraschi Room
Philharmonia Baroque	Wednesday, Feb. 5, Noon	Maraschi Room

JAN WAHL'S TOP TEN MOVIES OF 2019

1. BOMBSHELL
2. A BEAUTIFUL DAY IN THE NEIGHBORHOOD
3. YESTERDAY
4. HARRIET
5. MAKING WAVES: THE ART OF CINEMATIC SOUND
6. PEANUT BUTTER FALCON
7. JO JO RABBIT
8. LITTLE WOMEN
9. GAY CHORUS DEEP SOUTH
10. DOWNTON ABBEY



FROMMINSTITUTE.ORG --THE NEW WEBSITE IS YOUR NEW PORTAL

Over the Summer and throughout the Fall, Herbert in the Fromm Institute office and a team of developers have been reworking the Fromm Institute's website into an all inclusive portal of all that is Fromm program related. Aside from the much improved look and feel of the site, some other important changes have occurred. Now, once you've created an account including your own password, **you can enroll online in future sessions** (including early access to upcoming course descriptions and faculty videos); **look up your current schedule; enroll in and view the Frommcast; pay for your enrollment membership fees and make an online contribution.** There will also be a **viewable calendar** - showing all events happening at the Fromm Institute during the session and **a new blog** highlighting events at Fromm. If you haven't already done so, please navigate to fromminstitute.org and create your online Fromm Institute account. Remember to add this email address: webmaster@fromminstitute.org to your address book so our communications with you won't drop into your spam or junk mail folder.